



## Connecticut Coaching Education Program Module 50

### Swimming Pool Safety Training for Swim Coaches and Physical Education Instructors

Beginning July 1, 2014 **Public Act No. 13-161 "AN ACT CONCERNING POOL SAFETY AT PUBLIC SCHOOLS"** requires ALL public schools that offer aquatic activities be required to have at least one "qualified educator" to serve as the instructor in physical education courses or a "qualified coach" to serve as the coach during an interscholastic athletic program AND at least one additional person who is a qualified educator, qualified swimming coach or qualified life guard whose primary responsibility is to monitor the school swimming pool for swimmers who may be in distress and provide assistance to such swimmers when necessary.

- A "qualified educator" is defined as any person who holds a valid certificate issued by the State Board of Education with an endorsement in physical education, **AND** (i) is certified as a lifeguard by the American Red Cross or another nationally-recognized organization that conducts aquatic training programs, or (ii) **has completed a safety training for swim coaches and instructors course offered by the American Red Cross or an organization approved by the State Board of Education**, or (iii) was certified as a lifeguard for at least five years during the previous ten years and has at least five years' experience as a swimming coach or an instructor of a physical education course that makes use of a school swimming pool, **AND** is certified in cardiopulmonary resuscitation, pursuant to section 19a-113a-1 of the regulations of Connecticut state agencies, as amended from time to time, **AND** has completed a course in first aid offered by the American Red Cross, the American Heart Association, the Department of Public Health or any director of health;
- A "Qualified swimming coach" is defined as any person who holds a valid coaching permit issued by the State Board of Education, **AND** (i) is certified as a lifeguard by the American Red Cross or another nationally-recognized organization that conducts aquatic training programs, or (ii) **has completed a safety training for swim coaches and instructors course offered by the American Red Cross or an organization approved by the State Board of Education**, or (iii) was certified as a lifeguard for at least five years during the previous ten years and has at least five years' experience as a swimming coach or an instructor of a physical education course that makes use of a school swimming pool;

**This safety training for swim coaches and PE instructor's course** has been approved by the State Department of Education and completion of both Part 1 "in-pool" training and Part 2 "classroom" training will provide participants with the requirements of the law. The total duration of the course (both Part 1 & 2) is 3 hours and is designed to be applied to the contact hour requirements (ceu's) for renewal of a coaching permit.

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Swim Coaches and Physical Education Instructors**

**Part 1. "In Pool" Training**

**VERIFICATION FORM**

This form should be brought with you to an aquatic facility and given to a certified water safety instructor to administer. **Once completed the original copy of this form along with a copy of the water safety instructor's card/diploma should be brought with you to Part 2, the classroom portion of the course.** A certificate of completion for the course will not be issued unless both Part 1 and Part 2 have been satisfactorily completed.

Name of participant \_\_\_\_\_ Skill test date \_\_\_\_\_

The following skills must be satisfactorily demonstrated in front of a certified swim water safety instructor or certified life guard and verified with a passing score in order to complete the classroom portion of the course and to receive a course completion certificate.

- a. Non- Swimming Assistance
  - Rescue Tube pass\_\_\_ fail \_\_\_
  - Shepherds Hook pass\_\_\_ fail \_\_\_
  - Ring Buoy pass\_\_\_ fail \_\_\_
  - Use of alternative equipment pass\_\_\_ fail \_\_\_
  
- b. Swimming Assists
  - Swim 50 yards pass\_\_\_ fail \_\_\_
  - Bottom retrieve a 5 pound object from deep end pass\_\_\_ fail \_\_\_
  - Wave-less entry pass\_\_\_ fail \_\_\_
- c. Demonstrate the ability to stabilize a swimmer with a suspected spinal cord injury with another individual in the shallow end of the pool. pass\_\_\_ fail \_\_\_
  
- d. Demonstrate the ability to stabilize a swimmer with a suspected spinal cord injury with another individual and move using inline maneuver in the deep end of the pool. pass\_\_\_ fail \_\_\_
  
- e. Demonstrate techniques for using a backboard. pass\_\_\_ fail \_\_\_

Certified Instructor (print name) \_\_\_\_\_

Certified Instructor Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please attach a copy of the instructors card/certification credential/diploma showing current status.**